



## **Growing Pains**

Being a parent can be stressful! I look at our single mom's and I see them as heroes for all that they do. Childrearing is not for the weak! There is the crying in the middle of the night, teething, terrible twos, hitting, biting, then the tween years of eye-rolling and back-talking followed by more sleepless nights when your kids start driving and dating! If you have been through all of these phases, you know that even though at the time it feels like you will not be able to live through one more phase, the truth is that it goes by VERY QUICKLY. Parenting often requires that we enforce hard, often unpopular rules because we know that it is what our child needs in order to be what God created them to be in the future. Those growing pains can also be stressful on parents because we want the love of our children and they do not understand that we are loving them most by doing what is beneficial for them for the long term.

Does that sound familiar? Isn't that what our Heavenly Father also does with us, as His children? There are many things that He does for us that we don't always like but are best for us. We fight Him and sometimes get angry at Him. We don't understand because we can't see the whole picture. God loves us too much to leave us where we are currently in our walk with Him. He lets us go through growing pains to refine us and benefit us!

PRC is growing quickly and we are experiencing a few growing pains. We do know they are necessary and beneficial for us, but it can still cause an occasional weary day. Please pray for us as we go through a few difficult days that we are refined through the process. We are very thankful for all of the encouragement, prayers and support that we receive from all of you! God bless you!

Lori Drake **Executive Director** 

And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. 1 Peter 5:10



Lori Drake – Executive Director Tera Sassin-Executive Assistant

### Midland Center

Shelly Kindy – Center Director Beth Kent – Nurse Manager Julie Selle – Nurse Bethany EngBlade – Patient Advocate Kassie Andridge-Medical Receptionist Christie Stringer – Parenting Education Director Tammy Matthews – Parenting Receptionist Nate Yurgaites – Men's Services Coordinator Sue Huls – Fundraising and Event Coordinator

### Saginaw Center

Maureen Donnellon -

Parenting Education Director Heather Olivares –

Parenting Education Coordinator Donya Dunlap – Trihope Trauma Director Tammy Bartlett – Temporary Office Help

## **Get Connected**







989-835-1500 – Midland 989-754-0091 – Saginaw



PO Box 1364 Saginaw, MI 48605

### **Board of Directors**

Marsha Stamas – Chairperson

Steve Shafer – Vice Chairperson

Don Taylor – Treasurer

Erin Galsterer – Secretary

Ken Cline – Member

Dr Margueritte Kuhn – Medical Director

### **Summer 2018**



# OUR STAFF KEEPS GROWING

#### **Maureen Donnellon**



Maureen has joined our Saginaw staff as the Parenting Education Director. She graduated with a BFA from The College of Creative Design in Detroit. As she raised her children she divided her time between hockey, dance team, and various volunteer

projects. She is certified as a Christian Crisis Pregnancy Counselor. She has been a previous volunteer with Abortion Alternatives and H.I.S. Restoration Ministries before discovering the Pregnancy Resource Center in Midland where she became a volunteer client advocate in 2017. Maureen and her husband live in Frankenmuth and have two adult children.

#### **Sue Huls**



Sue joined PRC this summer as the Fundraising and Events Coordinator. She is looking forward to the very fulfilling task of building awareness and support for PRC and its programs. Originally from the Grand Rapids area, Sue and her husband moved to Midland in 2011. Her

family includes a son, 6, and a daughter, 3, who always keep her on her toes. She holds a bachelor's degree in English and a master's degree in communications from Grand Valley State University and worked primarily in public relations and marketing communications before joining PRC. She loves spending time with her family and caring for their pets, which include a chocolate Lab, two barn cats, a pony, and a horse.



Nate has joined our staff as the Men's Coordinator. He brings over ten years of experience in the fields of education, coaching, and youth ministry. Nate received formal training at Saginaw Valley State University and the Southern Baptist Theological Seminary. He recently married

**Nate Yurgaites** 

and enjoys being husband and father of two. In his free time you may find him playing basketball, strumming a guitar, or reading a good book.

### **Donya Dunlap**



**D**onya is the Trihope Trauma Program Director and has worked with survivors of sexual trauma since 2013. She has dual degrees in Bible and Music from Ambassador Baptist College and Graphic Design and Psychology from Liberty University. In

addition to her formal schooling, Donya is a Board Certified Biblical Counselor (BCBC) and member of the American Association of Christian Counselors and has completed the Michigan Human Trafficking Task Force's Train the Trainer program. She is also an authorized facilitator of the Darkness to Light "Stewards of Children" program. Donya is the author of *Forgetting the Fairy Tale*, the *Forgetting the Fairy* Tale Companion Guide, and the The Wonder Woman's Manifesto. She enjoys writing, music, design, books, movies, traveling, and sunshine.

## **Exciting News!**

We are beginning to implement services for men here at PRC. Statistics show that the father of the baby is most influential in a woman's decision to keep or terminate her pregnancy. Men are often vital in pregnancy decisions and will play an irreplaceable role in nurturing healthy children. Our program seeks to mentor and coach men to take responsibility for their part and be the best fathers they can be. We intend to offer classes and mentoring in areas such as parenting skills, communication with the mother, working life balance, finances and spiritual development. We know the key role they will play and we don't want to miss the opportunity we have to minister to men and make a positive impact on the whole family. Please continue in prayer for the effectiveness and reach of this program and that God would raise up other men who feel called to minister as men's advocates. We trust and believe that God will use this service to encourage men to be fathers who are always looked up to by their children.

## **30 YEARS OF SERVICE AS CLIENT ADVOCATE**

## Mary Klassen

#### What brought you to Pregnancy Resource Center?

Mike and Brenda Kroupa, who I knew from Bible Study Fellowship, were working and praying towards beginning a Pregnancy Center in Midland. After many months of joining them in prayer, and facing so many setbacks and road blocks, God was opening doors. He nudged me to be a part of the very first training they offered, as well as confirming that I should be involved in this exciting new ministry.

How did you feel going into your first appointment?

What are some significant differences between PRC now and 30 years ago? We first opened under the name Crisis Pregnancy Services and were located in a house across the street from Kroger. Before the days of Dial-a-Ride, we transported our clients to and from appointments. We also ran the pregnancy tests, and provided abortion and adoption counseling. We even took clients to doctor's appointments and babysat their children.

What is a favorite memory from your time in this ministry? One of my earliest clients was in a tough situation and found herself facing her third pregnancy in 2 years. I walked alongside her as she made an adoption plan. She accepted Jesus as her Savior and began attending my church. She even became the child care provider for my bible study group. She still calls me her "Christian Mom" when we talk on the phone.

Can you share the most difficult situation you have faced? One of my first clients was a 12 year old girl brought to us by her dad. We helped her in every way we could. She delivered a baby boy. The baby later died of Sudden Infant Death Syndrome. It was one of the most difficult funerals I have ever attended.

What keeps you coming back to volunteer as a Client Advocate? God has placed love in my heart for these girls and I want to help them. Working with these women has been very fulfilling for me. I have made many long term friendships and so many have accepted Christ as their Savior and attend church. Coming to work at Pregnancy Resource Center remains a highlight of my week.



I was very nervous and afraid on my first day as a client advocate. I prayed a lot for my clients when I first began and I still do to this day!













**Medical Clinic** 

**Limited Obstetrical Ultrasounds Training** 

> **Certification of our Nursing Staff**

Our Medical Staff recently saw 54 pregnant women within 7 days at our clinic. All of these women were between 7 and 24 weeks pregnant and volunteered to be models for our nurses as they completed Limited **Obstetrical Ultrasound training. Julie** Selle, R.N. recently joined our staff and began her training in Atlanta with National Institute of Family and Life Advocates (NIFLA). We then hosted training here at our center for her clinical hours. Our Nurse Manager Beth Kent, R.N. completed her ultrasound recertification at that time as well. Our nursing staff had excellent instruction from two NIFLA trainers and fulfilled all hours and ultrasounds required for their Limited Obstetrical Ultrasound certification. We are grateful to have 2 trained nurses on staff who look forward to continuing to provide accurate education and information to our patients through free and confidential medical services such as ultrasound.



Surrendering the Secret Post-Abortive Support Program

Do you know someone that has experienced an abortion? Chances are you do. 43% of women have an abortion by age 43. They are not easy to spot but they are all around you: married, single, young, old, all races, social standings and economic lines. Living their brokenhearted life in silence because of the shame, guilt and regret that comes with having an abortion. Other problems that may develop due to their decision include suicide, substance abuse, depression, problems bonding with future children, fear, anger, guilt and sadness.

Pregnancy Resource Center can help women find freedom and healing from this bondage that ensnares their life. We will walk alongside them as they go through an 8 week healing journey where they will start to break the silence, discover the truth about abortion, deal with anger, receive and give forgiveness and eventually exchange bondage for freedom.

If you know of anyone who has experienced an abortion, please have them call Shelly at 989-835-1500.

> Next session begins: Monday, Sept. 10, 2018 6:00 -8:00 pm

4818 N Saginaw Rd, Midland, MI 48640

# Walk for Life

Despite the chilly weather on May 12, 2018, we had 50 faithful walkers at the PRC 2018 Walk for Life. The route included three laps around the Midland Evangelical Free Church parking lot in Midland, totaling just over 2 miles. After the walk we went back inside for some awesome door prizes donated by area businesses.

Thank you to all our walkers, sponsors, and

underwriters. Together you raised \$16,000

for the women, men and children seeking help from Pregnancy Resource Center. We

appreciate your participation. Your gifts

will change lives!!





How simple is it for a church, business, community group or family to fill baby bottles with loose change? Very simple but yet rewarding to our clients!! Following is just an example of the *big* impact one bottle could have on a client and her family......

So far in 2018 we have had 22 churches and 1 school participate in our Baby Bottle Campaign. If you or your group are interested in participating in this event, we will be glad to send you an information packet. Please contact Sue at 989-835-1500 or sue@prcmidland.org to get started.



Featured Speaker: Julie Ziglar Norman

Julie is the daughter of the legendary motivational speaker Zig Ziglar. Her unique experience of being raised by the motivators' motivator has given her a perspective on life that keeps her audiences laughing, crying and taking notes. Her life experience as the poster child for bad choices enables her to minister to those seeking to trade a life full of guilt, shame, fear, and regret, for a life filled with joy, peace and hope!



## Thursday, October 4, 2018

Valley Plaza Resort Midland, MI

Baby Bottle Campaign

## Looking for a *simple* way to make a *big* impact?

- All Pennies (Approx. \$20.00 gift) will provide medical supplies for one pregnancy test
- All "Silver" Coins (approx. \$40.00 gift) will provide post abortive support for a woman A Gift of Cash or Check:
- \$50.00 will provide educational resources needed to support one mom in the Earn While You Learn parenting program \$100.00 will provide STI testing and treatment for one patient
  - \$250.00 will provide marketing and advertisement to educate the community of our services we offer



Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to him be glory in Christ Jesus throughout all generations, for ever and ever! Amen.

Ephesians 3:20-21

The last several months has been a whirlwind. God has been so good to PRC that I don't even know where to start telling you all He has provided!

As you know, through much prayer the board decided to move forward with our second location in Saginaw by merging with Abortion Alternatives last November. We knew that in order for us to provide the services we wanted to provide in Saginaw we would have to find a building because the shared space we were in was not going to allow us to provide medical services.

That journey began at the first of the year as we planned our first Gala in Saginaw to let the community know our plans and ask for support. God provided us with a speaker, a venue and the majority of the food expenses at no cost so we could put the majority of what was raised directly into our building fund. The event generated a lot of community support and we were well on our way to having a great down payment on a building.

We started looking for a building and we knew we had found our space when a unique opportunity to purchase a building that had been a former OB/GYN presented itself. After receiving some additional donations from the Saginaw community the board felt we would be in a position to make an offer on the previous OB/GYN clinic. Since we had paid off the building in Midland, we were financially in the position to handle a small mortgage. Although we preferred not to borrow money, we knew that getting the medical services going in Saginaw were imperative. Lives are saved when women see their baby on an

ultrasound, so without these services, lives were being lost. We felt a sense of urgency, but still trusted God was in control.

We made an offer, it was a low offer, but we were hopeful that the Dr. that owned the building would be supportive of PRC and work with us. He was certainly supportive, but unable to accept our offer. We were disappointed but trusted God's timing and knew that if that wasn't our building then He would find us something better.

We continued to look at other buildings and talk to people and foundations in Saginaw to get them excited about the vision God had put on our hearts for Saginaw. We were disappointed looking at other buildings because nothing was measuring up to the previous OB/GYN clinic. We continued to pray, raise funds and prepare so when the right opportunity came along we would be ready.

Throughout this process we have been completely humbled by God's provision. We have been blessed by so many supporters including Knights of Columbus, the Wolohan Family Foundation and numerous anonymous individual donors, churches and businesses who want to see PRC in Saginaw. So much so that God provided ALL of the funds for us to purchase the previous OB/GYN clinic! By waiting we were able to get the building that best suit our needs without a mortgage! God is good!

On July 11<sup>th</sup> we closed on PRC's new location in Saginaw at 4364 State Street. We will need a few months to move and prepare the space, but watch for an open house/volunteer recruitment fair this fall! God is amazing and truly able to do immeasurably more than we could ever ask or imagine!

We want to say a special thank you to everyone that provided prayers and support to help us make this dream a reality. God Bless You!

We, at Pregnancy Resource Center, recognize the link between trauma and the needs of the men and women we serve. For some time we have been able to offer support for those who have experienced post-abortive trauma, but these last few months the Lord has opened the doors for us to expand our services through the addition of the Trihope Trauma Program.

# **Trihope** Trauma Program



as a whole.

provide opportunities for survivors to find the resources they need to heal. We are thrilled to be able to provide these resources to survivors and our community beginning with our first 13-week support group this August. If you would like additional information on the Trihope Trauma Program, please contact donya@prcsaginaw.org or call 989-754-0091.

PRC currently has certified staff to train members of the community to identify and prevent child sexual abuse using Darkness to Light's Stewards of Children. We would like to provide this training to area churches, schools, and parents. The training cost \$15 per person and we are actively looking for host organizations with whom to partner. If you are interested in partnering with PRC to bring a training to your organization, please contact donya@prcmidland.org or 989-754.0091.

The Trihope Trauma Program serves survivors of sexual trauma, intimate partner violence, and post-abortive trauma. The program addresses the issue of trauma through a threefold approach: survivor care, advocacy, and awareness. This approach allows us to impact survivors and our community

The survivor care program includes individual consultations, connection to resources, biblical mentorship, survivor support events, and support groups. The tiered approach allows for one-on-one connections as well as relationship building among survivors which increases confidence and resiliency factors and opens the door for faith conversations, introducing the only One who can provide true and complete healing of body, mind, and soul.

The advocacy portion of the program focuses on childhood sexual abuse prevention training through the Darkness to Light's Stewards of Children program. This award winning, evidence-based curriculum leads adults through simple yet effective strategies to preventing and responding to sexual abuse. When we prevent child sexual abuse, we address a root cause of social problems like violent crime, homelessness, teen pregnancy, health problems, and substance abuse. We believe this can revolutionize our community and we are excited about the potential to do so.

The awareness portion of the Trihope Trauma Program involves educating the public on the issues of sexual trauma including sexual abuse and sex trafficking, intimate partner violence, and post-abortion trauma. By better understanding these issues and their effects on the people in our communities we can become better equipped to combat the issues and

## Training Available